



EXTENDED SCOPE PRACTITIONERS

A Professional Network of the Chartered Society of Physiotherapy
 ...Dedicated to promoting extended physiotherapy practice and advancing the clinical competence and excellence of its members

www.esp-physio.co.uk

ESPPN Upper Limb Study Day

11th February 2016

08:15-09:00 REGISTRATION AND COFFEE		
09:00-09:05	Welcome and housekeeping	Frances Arnall ESPPN Hon Education Officer
9:05- 09:50	Bloodletting for pneumonia, bed rest for low back pain. Is subacromial decompression another medical illusion? The case for rotator cuff rehabilitation	Dr Jeremy Lewis, PhD FCSP Consultant Physiotherapist, Professor of Musculoskeletal Research and Sonographer <i>CLCH NHS Trust & The Centre for Health and Human Performance</i>
9:50-10:35	The Role of Surgery in Shoulder Pathology: Emerging Surgical Approaches	Carlos Cobiella LMS FRCS Ed (Tr & Orth) Consultant Shoulder & Elbow and Sports Surgeon <i>University College Hospital Institute of Sports, Exercise and Health</i>
10:35-11:00 MORNING TEA		
11:00-11:45	'The Unstable Shoulder – Does conservative treatment have a role?'	Anju Jaggi Consultant Physiotherapist <i>Royal National Orthopaedic Hospital</i>
11:45-12:15	PROSPER Trial : Physiotherapy following surgery for breast cancer	Clare Lait Specialist Cancer Physiotherapist
12:15 - 1.15 LUNCH		
1:15 - 2:00	Inflammatory Pathology Presenting as Upper Limb Pain	Dr Jessica Manson Consultant Rheumatologist and Clinical Lead <i>University College Hospital</i>
2:00-2:45	'An Overview of MSK Ultrasound for the Wrist and Hand'	Robert Mast BSc Physiotherapy HCPC, MCSP, PgCert Musculoskeletal Sonography, Non Medical prescriber <i>Homerton University Hospital</i>
2:45-3:15 TEA		
3:15-4:00	'Understanding the peripheral basis of shoulder pain and is there a role for corticosteroid injections'	Benjamin Dean Dphil MRCS Orthopaedic Registrar <i>Health Education Thames Valley</i>
4.00-4.30	An approach to the management of Dupuytren's contracture	Anthea Davy Consultant Orthopaedic and Hand Surgeon <i>UCLH NHS Foundation Trust</i>
4.30	CLOSING REMARKS	