11th UK Dementia Congress
#UKDC2016

1-3 November 2016 • The Brighton Centre

academic partner
UNIVERSITY of BRADFORD
Celebrating 50 years

in association with
Alzheimer’s Society

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Journal of Dementia
The UK Dementia Congress, already the largest annual dementia-focused event in the UK and the whole of Europe, is bigger than ever in 2016 thanks to the very welcome involvement of the Alzheimer’s Society in running their Dementia Movement Event concurrently on the second day, Wednesday 2 November. We are also delighted to welcome dementia leads in acute hospitals on the third day, Thursday 3 November, to a dedicated stream which will address their specific challenges and also provide a platform for developing a network. Another important innovation is that, for the first time, we are offering a free, complimentary welcome to members of the public, people living with dementia and their carers to visit the Exhibition at specific times.

Over the last 11 years the UK Dementia Congress, organised by the Journal of Dementia Care, has built a reputation as the single annual dementia event which cannot be missed, bringing as it does the latest ideas and innovations as well as providing the best forum for the best professionals, experts and people living with dementia to learn, network and share within an exciting and positive climate. We offer an exciting mix of plenary sessions, parallel sessions, workshops, symposia and posters, early bird and special interest sessions, an open debate and superb networking opportunities including two drinks receptions open to all.

We are very grateful to our Academic Partner, the University of Bradford, to our Gold Sponsor Barchester Healthcare, our Silver Sponsor Four Seasons Health Care, to the Alzheimer’s Society and all our sponsors and exhibitors for their highly valued support that enables all our visitors to have a truly memorable experience.

**Knowledge-based practice**

The UK Dementia Congress is the best opportunity for professionals to learn from and be inspired by others’ experience, make connections and build bridges towards best practice in their own localities.

Presentations will show how practice is linked to knowledge gained from research, experience, guidelines or expert consensus. Preference has been given to papers that include an element of evaluation of a project or service, with scrutiny of the factors that led to success or failure, what were the barriers to progress, whether these were overcome and how.

**Opening plenary session**

We are delighted that members of the DEEP (Dementia Engagement and Empowerment) groups and TIDE - Together in Dementia Everyday are speaking in the congress plenary session on the morning of Wednesday 2 November, making sure that we focus as always on the people who matter most – those living with dementia and their carers. Professor Sube Banerjee, Professor of Dementia and Associate Dean at Brighton and Sussex Medical School, and Director of its Centre for Dementia Studies will also speak in this session. We have invited Jane Ellison MP, Parliamentary Under Secretary of State for Public Health, to give a plenary presentation and we would like to thank Jeremy Hughes, Chief Executive of the Alzheimer’s Society, for chairing.
CHOICE, VARIETY AND INTERACTION

The Congress offers great choice and variety with at least seven sessions running simultaneously. The expertise of leading international and UK speakers will be on display and for those who prefer plenty of interaction there will be lots of opportunities for sharing ideas, information and experiences.

In a rich mix of presentations, symposia and workshops the congress will cover all areas of care and support for people with dementia and their carers in acute hospitals, care homes, day care, sheltered housing and the community.

We are delighted that people with dementia and carers will be closely involved as contributors throughout the whole event.

LIVELY DEBATE

Congress will get off to a flying start on the opening evening with the popular Congress debate, keeping up the tradition of discussing lively and controversial issues. This year it will be an open debate: “Should we welcome a future of robots, avatars and digital technology in dementia care?”

Dr Chris Pickford of the University of Salford will give a presentation on current and future possibilities, followed by panel and audience contributions. We warmly welcome your contributions to this debate.

KEYNOTE SPEAKERS

Again this year we have an impressive array of distinguished speakers – for more details see page 4. To give the Tom Kitwood Memorial Address we are delighted to welcome Professor Arlene Astell, Ontario Shores Research Chair in Dementia, University of Toronto, Canada and Professor of Health Services at the University of Sheffield, UK. Professor Alistair Burns, Professor of Old Age Psychiatry at the University of Manchester and National Clinical Director for both dementia and mental health in older people at NHS England, will speak on “The challenge of dementia”, and Professor Carol Brayne, Cambridge Institute of Public Health, University of Cambridge will give an update on the latest research on prevention of dementia and the implications for public health.

WHO SHOULD ATTEND?

- Architects
- Carers
- Care home managers
- Care home inspectors
- Clinical psychologists
- Commissioners and providers
- Community mental health teams
- Day care managers
- Designers
- Geriatricians
- Homecare managers
- Mental health service managers
- Neurologists
- Nursing staff
- Occupational therapists
- Old age psychiatrists
- People with dementia
- Physiotherapists
- Project managers
- Researchers
- Social care workers
- Social workers
- Speech and language therapists

STREAMS AND THEMES

As always there will be a strong emphasis on quality of life for people with dementia both living in residential and hospital care and in the community, involvement of people with dementia and carers in planning and developing services, and support for their family carers and front-line staff. As last year we have included several opportunities for sharing of experience and ideas with a choice of interactive workshops throughout the Congress.

A special dedicated stream on dementia care in acute hospitals will run throughout the day on 3 November.

EXTRA SESSIONS AND NETWORKING

Early bird sessions, satellite special interest meetings, short presentations and posters, and plenty of opportunities to network and socialise with like-minded colleagues complete the unique Congress experience.

WELCOMING PEOPLE WITH DEMENTIA AND CARERS

The Journal of Dementia Care, the organisers of the Congress, in partnership with the Alzheimer’s Society and the University of Bradford, want to encourage and welcome people with dementia to this major event. This year, as previously, the fees for people with dementia and their carers attending have been vastly reduced, and in line with the Equality Act, we offer free places for supporters to enable people with dementia to attend. Along with the Alzheimer’s Society and representatives from DEEP groups, we will ensure that support is available throughout the two days to assist those who need it.

SOCIAL EVENTS

- Free Welcome Drinks Reception on the evening of 1 November, in the exhibition hall - all welcome
- Congress Drinks Reception on the evening of 2 November, in the exhibition hall - all welcome

GREAT VENUE

The Brighton Centre is a modern, purpose-built venue and can be easily reached by air, road and train. There are excellent places to stay in all price ranges, with special rates negotiated for Congress delegates (see page 10 for full details). See you there!
Keynote speakers

Arlene Astell is Ontario Shores Research Chair in Dementia, University of Toronto, Canada and Professor of Health Services Research in the Centre for Assistive Technology and Connected Healthcare (CATCH), at the University of Sheffield, UK. She has over twenty-five years’ experience developing and evaluating interventions, including technology, to support people to live as well as possible with a dementia diagnosis. Arlene is a member of the Canadian Consortium on Neurodegeneration and Aging (CCNA) and UK lead of two international projects: AAL-WELL investigating novel technologies to support people with Mild Cognitive Impairment and IN-LIFE, a Horizon 2020 project developing technologies to support older adults with cognitive impairment to live well at home. Arlene’s team across the UK and Canada are collaborating on the AcTo dementia project to enable people around the world to find accessible apps for tablet devices (www.actodementia.com). In 2004, Arlene and her long-time collaborator Dr Maggie Ellis, developed Adaptive Interaction (AI), a nonverbal approach to communicating with older adults living with dementia who can no longer speak. A guide to AI will soon be available to accompany the skills training programme published by Jessica Kingsley Publishers.

Sube Banerjee is Professor of Dementia and Associate Dean at Brighton and Sussex Medical School, directing its Centre for Dementia Studies. Trained at St Thomas’ and the Maudsley Hospitals, clinically he works as an old age psychiatrist. He served as the UK Department of Health’s senior professional advisor on dementia leading the development of the National Dementia Strategy. An active researcher, Sube focuses on quality of life in dementia, evaluation of new treatments and services, and the interface between policy, research and practice. He also works in health system development and with industry and governments on health services, policy and strategies to improve health for older adults with complex needs and those with dementia. Sube has received national and international awards for work in policy and research in dementia.

Carol Brayne is Professor of Public Health Medicine in the Department of Public Health and Primary Care in the University of Cambridge. She is a medically qualified epidemiologist and public health academic. Carol graduated in medicine from the Royal Free Hospital School of Medicine, University of London and went on to train in general medicine. After gaining membership she moved on to training in epidemiology with a Training Fellowship with the Medical Research Council. The research area for this Fellowship was ageing and dementia. Since the mid-eighties her main research area has been longitudinal studies of older people following changes over time in cognition, dementia natural history and associated features with a public health perspective. She is lead principal investigator in the group of MRC CFA Studies which have informed and will continue to inform national policy and scientific understanding of dementia in whole populations. She is Director of the Cambridge Institute of Public Health at the University of Cambridge and has played a lead role in teaching and training in epidemiology and public health at Cambridge University. She is a Fellow of the British Academy of Medical Sciences and a NIHR Senior Investigator.

Alistair Burns (FRCP, FRCPSych, MD, CBE) is Professor of Old Age Psychiatry at the University of Manchester. He is an Honorary Consultant Old Age Psychiatrist in the Manchester Mental Health and Social Care Trust (MMHSTC) and is the National Clinical Director for Dementia and National Clinical Director for Mental Health in Older People at NHS England. He graduated in medicine from Glasgow University in 1980 and trained in psychiatry at the Maudsley Hospital and Institute of Psychiatry in London. Alistair became the Foundation Chair of Old Age Psychiatry in the University of Manchester in 1992, where he has been Head of the Division of Psychiatry and a Vice Dean in the Faculty of Medical and Human Sciences, with responsibility for liaison within the NHS. He set up the Memory Clinic in MMHSTC and helped establish the old age liaison psychiatry service in UHSMT. He is a Past President of the International Psychogeriatric Association. He is Editor of the International Journal of Geriatric Psychiatry and is on the Editorial Boards of the British Journal of Psychiatry and International Psychogeriatrics. His research and clinical interests are in mental health problems of older people, particularly dementia and Alzheimer’s disease. He has published over 300 papers and 25 books.

Chris Pickford is an interdisciplinary researcher with an interest in biological sciences and engineering. He has a BSc in Microbiology with Biotechnology, an MSc in Robotics and Automation, and a PhD in Systems Neuroscience from the University of Manchester. He currently works in Salford’s Institute for Dementia within the field of physical activity / behavioural monitoring using body worn sensors. These sensors discretely collect free-living data about how a person moves, that can be used to characterise patterns of daily activity. Using MATLAB, Chris is analysing these data to identify subtle changes in these patterns over time that may be indicative of cognitive decline and could inform future research on the progression of dementia. The aims of his work are to support independent living by informing person-centric care strategies for people living with dementia and their carers, and to use activity monitoring as an effective outcome measure for tailored interventions.
Jane Ellison MP, Parliamentary Under Secretary of State for Public Health (invited)
Jane Ellison was elected MP for Battersea in 2010 and re-elected in 2015. She gives practical help to local businesses and is President of Wandsworth Chamber of Commerce. She fought successfully to keep Battersea’s Bolingbroke hospital site in community use – now home to a school and health centre. Jane is a leading campaigner against Female Genital Mutilation (FGM).

In 2013, Jane was appointed as Public Health Minister at the Department of Health. Following the 2015 General Election, she was re-appointed to the role. Her Ministerial responsibilities include tackling health inequalities, immunization policy, preventing avoidable deaths, and sexual health.

Jane has held hundreds of advice surgeries, responded to over 14,000 constituents and gives practical and positive support to local schools, charities and community groups. She is a school governor, Patron of the Home-Start Wandsworth charity, and lives in the Balham area of the constituency with husband John. Jane enjoys country walking, is a choir member and music charity Trustee.
Wednesday 2 November programme

08:00-09:25 CONFERENCE REGISTRATION

08:30-09:15 EARLY BIRD SESSIONS:

**EB1.1 Pain assessment and management in dementia** Lesley Jones & Lucy Lewis, Greater Manchester West Mental Health NHS FT;
Brief review of the relationship between oral health and dementia with best practice tips Dr Amanda Thompsett, South London and Maudsley NHS FT

**EB1.2 Using biographical films in dementia care** Jörg Roth, My Life Films; Dance for Life: evaluation of a professional dance intervention for care home residents with dementia Edana Minghella, independent consultant & Barbara Stephens, Dementia Pathfinders CIC

**EB1.3 “Why don’t we go into the garden?”** Workshop focusing on care culture to help explain current engagement levels for residents with their outside spaces Debbie Carroll & Mark Rendell, Step Change Design Ltd

**EB1.4 Moving on from person-centred planning to enriched care reporting - providing the evidence CQC inspectors are looking for** Jackie Pool, Affinity Training Ltd

**EB1.5 Sounds Alive! Creating music in the moment** Malcolm Burgin, Alive! Activities

**EB1.6 Assessing mental capacity - who decides?** Sara Wilcox, Pathways Through Dementia

09:40-11:30 MAIN HALL PLENARY SESSION:

Chair: Jeremy Hughes, Chief Executive, Alzheimer’s Society

PLEN 1

Keynote Speakers:
- People with dementia and carers from DEEP (Dementia Engagement and Empowerment Project) groups and tide - together in dementia everyday
- Professor Sube Banerjee, Professor of Dementia and Associate Dean at Brighton and Sussex Medical School, and Director of its Centre for Dementia Studies
- Jane Ellison MP, Parliamentary Under Secretary for Public Health (to be confirmed)

11:30-12:00 REFRESHMENTS & EXHIBITION VIEWING

12:00-13:10 PARALLEL SESSIONS 1:

**1.1 STAFF DEVELOPMENT IN CARE HOMES**
The What Works? study 1: What does existing research tell us about effective dementia training and education design and delivery? Professor Claire Surr, Leeds Beckett University

The What Works? study 2: assessing the extent and quality of dementia education and training in England Sarah Smith, University of Bradford

Revitalising a dementia qualification for care staff Jill Conroy, The Fremantle Trust

Raising our game – can a tick box questionnaire improve our teaching in person centred care? Michal Herz, University of Worcester

**1.2 CARERS AND FAMILIES**
Investigating the effectiveness of a Cognitive Behavioural Therapy group for carers of people with dementia Jane Fossey & Alice Coates, Oxford Health NHS Foundation Trust

Creative community practice project, to increase family care-givers’ sense of well-being and self-efficacy, in caring for relatives with dementia Karrie Marshall, Creativity In Care

‘Time to think about you’. Prompting carers of people with dementia to think about and prioritise their own health Nawakuru Nwaogwugwu & Catherine Gamble, Health Innovation Network

**1.3 CARE HOMES - RECOGNISING DEMENTIA**
Dementia awareness training in care homes using ‘Barbara’s Story’ improves workforce confidence in delivering care Amanda Butterly, Health Innovation Network

DeAR-GP: dementia assessment referral to GP and User Guide: Dementia case finding in care homes Aileen Jackson & Hugo de Waal, Health Innovation Network

Caring for people with dementia with Lewy bodies and Parkinson’s dementia in UK care homes - Professor Graham Jackson, University of the West of Scotland & Cecilia Yardley, Parkinson’s UK

**1.4 PREVENTING HOSPITAL ADMISSIONS**
Bradford University symposium: Reducing avoidable hospitalisations from care homes. This symposium will describe an NIHR-funded programme grant investigating early detection and management of health changes in care homes. The symposium will be chaired by Professor Murna Downs (University of Bradford). Individual talks will focus on how the input of family carers has shaped the programme (Barbara Woodward-Carlton, PPI); our approach to implementation (Professor Katherine Froggatt, Lancaster University) and developments on our feasibility study (Alex Feast, University College London).

**1.5 YOUNG DEMENTIA**
Celebrate & Educate, being informed, being inspired – Anna Eden, Young Dementia, Mark Perry and members of the EDUCATE group, Stockport

Involving individuals diagnosed with young onset dementia as PPI representatives: an interesting journey Andrea Mayrhofer & Elspeth Mathie, University of Hertfordshire

The Grub Club - Developing an Early Onset Dementia Dining Club Gillian Drummond & Catherine Riley, Greater Manchester West Mental Health NHS Foundation Trust

Developing a live-in care service for people living with young onset dementia - Zoe Elkins & Emma Sadler, The Good Care Group

**1.6 SYMPOSIUM: LGBT ISSUES IN DEMENTIA CARE**
Lesbian, Gay, Bisexual & Trans* (LGBT*) People with Dementia: Discussion led by presentations from: Sue Westwood (University of Oxford) giving an overview of the issues, with emphasis on good practice; Elizabeth Price (University of Hull) reflecting on her research with LSB carers of people with dementia; and Chryssy Hunter (London Metropolitan University) who will focus on the care needs of trans* people with dementia.
Chair: Sue Westwood

**1.7 WORKSHOP: INVOLVEMENT**
What does living with dementia mean? Learning from people with dementia and carers through the IDEAL study Nada Savitch, Innovations in Dementia, Keith Oliver and other members of the ALWAYS group

13.10-14.10 LUNCH, POSTER & EXHIBITION VIEWING

14.10-15:00 MAIN HALL PLENARY SESSION PLEN 2

The Tom Kitwood Memorial Address: Professor Arlene Astell, Ontario Shores Research Chair in Dementia, University of Toronto, Canada and Professor of Health Services Research in the Centre for Assistive Technology and Connected Healthcare (CATCH) at the University of Sheffield, UK,
Wednesday 2 November programme

15.10-16.20 PARALLEL SESSIONS 2:

2.1 CULTURE CHANGE IN CARE HOMES
Households Matter: The Butterfly Household Model of Care - operational implications and international comparisons  David Sheard, Dementia Care Matters
Lessons in implementation from the UK, Ireland, Canada and Australia will be presented, including one care home’s experience showing that speed and decisiveness really count. Speakers will include Renate Sainsbury & Jennifer Chan, Ladder to the Moon

2.2 TECHNOLOGY AND THE ARTS IN DEMENTIA CARE
Musical pictures – can they benefit residents who are distressed? Claire Peart, Barchester Healthcare
We all have a voice and all our experiences count: Talking mats, integrating visual story telling James Munro, Patient Opinion & Lois Cameron, Talking Mats
Tangible Memories: a story creator for people living with dementia Gill Roberts, Alive! Activities & Helen Manchester, University of Bristol
AcTo Dementia: Identifying accessible touchscreen apps for people living with dementia Phil Jodrell, PhD Student, University of Sheffield & Professor Arlene Astell

2.3 SYMPOSIUM
Inclusion and diversity: working with BAME communities in Liverpool to reduce stigma and isolation Ruth Eley, Life Story Network, Adedoyin (Dee) Abimbola, Merseycare NHS Trust; Rita Lee & Di Burbridge, Chinese Well-Being

2.4 ACTIVITIES IN CARE HOMES
Reflecting on the first year of Outstanding Activities: equipping ‘Activities’ Leaders to be key drivers for a creative culture in dementia care Chris Gage & Ben Neale, Ladder to the Moon
The effectiveness of training staff to use The Daily Sparkle’s reminiscence newspaper and resources to improve engagement and meaningful occupation for care home residents Suzanne Mumford, Care Prepared
Positive connections: the Fidget Widget Toolkit - collaborative design and evaluation of an intervention for people in later stage dementia Judith Bower, Alzheimer’s Society & Jane Soughaye, University of Central Lancashire

2.5 CARERS AND FAMILIES
Time for Dementia - A novel dementia educational programme Stephanie Daley, Sussex Partnership NHS FT
Triangle of care – best practice guide to supporting carers of people with dementia Louise Marks, Carers Trust
RSAS national resource centre for carers of people with dementia - what makes up the vision? Toby Williamson, RSAS

2.6 TRANSITIONS IN DEMENTIA CARE - BRADFORD UNIVERSITY SYMPOSIUM
Transitions between care settings pose risks to continuity and safety of care for people with dementia, who often have co-existing health conditions and multiple medicines. This symposium will focus on continuity of care and the safe use of medicines at points of transitions between hospitals, care homes, and ‘own home’. Led by the University of Bradford’s Professor of Pharmacy, Alison Blenkinsopp, with doctoral students Courtney Shaw, Suzanne Hill and Paul Dourandish

16.20-16.50 REFRESHMENTS & EXHIBITION VIEWING

16:50-18:00 PARALLEL SESSIONS 3:

3.1 DESIGN AND ENVIRONMENT
Quality of interior engagement in care homes matters David Sheard, Dementia Care Matters
How are the most healthy care environments designed? Travelling the world in search of answers William Morran, Architectonicus

3.2 ADVANCED DEMENTIA/CARE AT END OF LIFE
The development of heuristics (rules of thumb) to help aid practitioners make difficult decisions at the end of life for people with dementia Nathan Davies, University College London
Dementia Palliare: a new positive practice approach to advanced dementia care Graham Jackson, University of the West of Scotland
Dementia Friendly Hospices: Embedding a sustainable model to develop skills, knowledge and confidence of hospice staff across Yorkshire and the Humber Lindsey Collins, University of Bradford & Jane Chatterjee, St Gemma’s Hospice. Chair: Polly Kaiser

3.3 LIFE STORY WORK
Life Story Work in dementia care: Good practice and getting involved Kate Gridley, University of York and Jenni Brooks, Sheffield Hallam University
Seldom heard stories in life story work Polly Kaiser, Ruth Eley, Nada Savitch and Jean Tottie, Life Story Network

3.4 PRIMARY CARE
The Dementia ‘Golden Ticket’ – an emerging new model of care Dr Emma Costello & Kim Grosvenor, NHS High Weald Lewes Havens Clinical Commissioning Group
Maintaining quality: managing volume Anna Buckell & Tanya Knibs, Early Intervention Dementia Service, Worcestershire Health & Care NHS Trust
Supporting your service to be dementia aware – a report on the delivery of tier one training to primary care workers Jan Leeks, University of Hertfordshire
It’s not just about missing that appointment! How people living with dementia are changing primary care services Tanya Clover, Clover Care Consultants & Chris Ryan, Forget Me Nots

3.5 PEER SUPPORT
Dementia Conversations: directions from a people compass Barbara Stephens, Dementia Pathfinders & Professor David Jolley, University of Manchester
The Healthy Living Club, Stockwell, London
Alise Kirtley, independent consultant & Simona Florio, coordinator of the Healthy Living Club
Quantifying the benefits of peer support for people with dementia: A Social Return on Investment (SROI) study Amy Semple, Health Innovation Network

3.6 THE EXPERIENCE OF DEMENTIA IN CARE HOMES
A psychosocial study of the care relationship in residential care homes for people with dementia Esther Ramsay-Jones, Open University
A novel approach to supporting teams to develop a meaningful understanding of the experience of living with dementia Claire Royston, Four Seasons Health Care Care Experience training Phil Harper, Barchester Healthcare

3.7 WORKSHOP
Different realities and beliefs in dementia – whose truth is it anyway? Toby Williamson, Mental Health Foundation & Roberta Caiazzo, Northumberland Tyne & Wear NHS Trust

18.00 CONGRESS DRINKS RECEPTION - ALL WELCOME

www.careinfo.org/ukdc-2016
Thursday 3 November programme

**08:00-09:10 CONFERENCE REGISTRATION**

**08:30-09:00 EARLY BIRD SESSIONS:**

- **EB2.1** Practical ideas for preventing falls in people with dementia living in care homes  
  Julie Whitney, National Health Research Institute & Amanda Buttery, Health Innovation Network
- **EB2.2** Motivating residents in care to participate in activities  
  Craig Stevens, Alive! Activities
- **EB2.3** Management of faecal incontinence in people with advanced dementia resident in care homes (the FINCH study)  
  Marina Buswell, University of Hertfordshire
- **EB2.4** Understanding and assessing 'community engagement' for people affected by dementia  
  Bridget Russell, University of Hertfordshire
- **EB2.5** Dance: a non-verbal approach to dance activities with people with dementia  
  Diane Amans, independent dance artist/trainer

**09:15-10:25 PARALLEL SESSIONS 4:**

4.1 **CARE HOMES - BEHAVIOUR THAT CHALLENGES**

De-escalation skills for behaviours that challenge  
Ian James & Roberta Caianza, Northumberland Tyne & Wear NHS Trust
Severe Behaviour Response Teams: addressing the needs of people with very severe and extreme behavioural and psychological symptoms of dementia  
Marie Afrod, HammondCare, Australia
WHeld: an overview of a completed NIHR study  
Jane Fossey, Oxford Health NHS Foundation Trust & Professor Clive Ballard, King’s College London

4.2 **SYMPOSIUM - RIGHTS & DEMENTIA**

- Sarah Butchart, Mersey Care NHS Trust
- Philly Hare, Innovations in Dementia
- Toby Williamson, Mental Health Foundation

4.3 **PERSON-CENTRED POST DIAGNOSIS SUPPORT**

Chair: Gavin Terry, Policy Manager, Alzheimer’s Society
What we mean by high quality, effective person-centred care for people with dementia  
Paul Dunnett, Operations Director - Central Region, Alzheimer’s Society
Working on the front-line  
Keeping people connected through volunteering (Side by Side)

4.4 **DEMENTIA FRIENDLY COMMUNITIES**

Dementia friendly faith communities  
Mary Marshall, HammondCare and Jenny Henderson, Faith in Older People
Co-producing The Good Life Festival  
Beth Luxmoore & Lesley Calvert, Alzheimer’s Society
Building Dementia Friendly Communities from the Pavement Up: A Community Psychology Approach  
Sue Northrop, Dementia Friendly East Lothian

4.5 **BME COMMUNITIES**

Dementia within BAME Communities – Ripaljeet Kaur, BAME Dementia Worker, Touchstone
“Listening to it as it is ... listening to the voices of BME communities to shape memory services – the benefits, challenges and the learning” Polly Kaiser, Peninne Care Foundation Trust
A Call to Action on improving dementia information and services for UK Black, Asian and minority ethnic communities  
David Truswell, Alliance for Race Against Dementia
Successful partnership with the South Asian community  
Cath Murray-Howard, Community Integrated Care

4.6 **WORKSHOP**

Sexual expression in care homes: In our desire to care are we missing things?  
- Lynne Phair, independent consultant nurse and expert witness, Hazel Heath, independent nurse consultant & Dawne Garrett, professional adviser, Older People and Dementia, Royal College of Nursing

**10:25-11:00 REFRESHMENTS & EXHIBITION VIEWING**

**11:00-12:05 PARALLEL SESSIONS 5:**

5.1 **QUESTION TIME PANEL**

Panel to include: Professor Arlene Astell; Colm Cunningham, HammondCare; Jeremy Hughes, Alzheimer’s Society (tbc)

5.2 **OUTDOOR ACTIVITIES**

The Breath of Fresh Air (BOFA) programme - a pilot evaluation of the physical and psychological benefits of encouraging people with dementia to engage in outdoor activities  
April Dobson, The Abbeyfield Society
Positive Spin: enabling people with dementia and their families to cycle  
Clare Morris, Cycle Training UK
Horse play  
Val Taylor & Tracy Moran, Appletrees Care & Reablement Centre, OSJCT

5.3 **SYMPOSIUM - INVOLVEMENT**

Shifting the balance of power – turning engagement into involvement for people with dementia and family carers  
Anna Gaughan & Jean Tottie, Life Story Network; Ruth Eley, Flynn & Eley Associates Ltd
Uniting people living with and working within young onset dementia to influence and champion better services  
Sarah Plummer, YoungDementia UK

5.4 **QUALITY OF LIFE IN CARE**

‘Getting to know you’ – My memory  
David Owen & Ann-Marie Harmer, Barchester Health Care
A service evaluation of Teepa Snow’s positive physical approach training  
Suzanne Mumford, Care Prepared & Rachel Mortimer, Engage and Create
Pathways and outcomes for patients with dementia in a low secure setting  
Lisa Potter and Victoria Smith, Partnerships in Care

5.5 **PEOPLE WITH DEMENTIA HAVE RIGHTS TOO**

Chair: Vivienne Francis, Director of Marketing and External Affairs, Alzheimer’s Society
What can we learn from the disability model?  
The international perspective  
Defending the legal rights of people with dementia

5.6 **COMMUNICATION IN ADVANCED DEMENTIA**

Workshop on Adaptive Interaction  
Professor Arlene Astell, University of Toronto

**ACUTE HOSPITALS STREAM 1**

Care for people with dementia in acute hospital wards: what we need to improve  
Danielle Wilde, Royal Free Hospital, London
Moving forward: Discussion and planning of a national network for dementia leads in acute hospitals

**ACUTE HOSPITALS STREAM 2**

SPACE: acute care development programme in eight acute hospitals in Wessex  
Katherine Barbour, Wessex Academic Health Science Network
Maison for Liaison: Developing a better understanding of the experience of patients, families and carers of older persons mental health liaison services  
Aileen Murray, Wessex and Solent NHS Trust
Admiral nursing within the acute hospital community - achieving best practice, changing hearts and minds  
Pam Kehoe, Tameside Hospital NHS Foundation Trust
**Thursday 3 November programme**

**12:15-13:00**
**PLENARY SESSION:**

**PLEN 3**

**The challenge of dementia** – Professor Alistair Burns, Professor of Old Age Psychiatry at the University of Manchester and National Clinical Director for both dementia and mental health in older people at NHS England

**13:00-14:00**
**LUNCH, POSTER & EXHIBITION VIEWING**

**14:00-14:50**
**PLENARY SESSION:**

**PLEN 4**

**Update on dementia in the population now**
Professor Carol Brayne, Cambridge Institute of Public Health, University of Cambridge

**15:00-16:10**
**PARALLEL SESSIONS 6:**

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<th>6.1</th>
<th>ARTS/DEMENTIA FRIENDLY COMMUNITIES</th>
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<tr>
<td>The Yellow Bridge Project – support through live music John Killick, poet, author and dementia consultant &amp; Linda O’Sullivan, The Yellow Bridge Project</td>
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<td>Dementia Friendly Film Club project – Keith Oliver, Alzheimer’s Society/KMPT &amp; Liz Jennings, supported by Nada Savitch (DEEP)</td>
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<td>Music for the moment Kathryn Gilfoy &amp; Julian West, Westminster Arts</td>
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<th>RAISING AWARENESS IN YOUNG PEOPLE</th>
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<td>The workshop will focus on Dementia Detectives which is currently being delivered to young people in secondary schools and the University of Bradford. Attenders will be involved in considering key messages and effective approaches for raising awareness amongst young people. The workshop will be led by Sahdia Parveen, University of Bradford</td>
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<th>6.3</th>
<th>MEALTIMES IN CARE HOMES</th>
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<td>The impact of a positive dining environment on nutritional intake and reduced weight loss for residents with a diagnosis of dementia Helen Green &amp; Caroline Woodcock, Bupa &amp; Dementia UK</td>
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<td>Getting the best out of the mealtimes experience in care homes Suzy Webster, My Home Life Cymru and Helen Bevan, Baglan Lodge Care Home</td>
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<td>Plus: Peter Morgan-Jones, Chef, HammondCare, Australia</td>
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<th>6.4</th>
<th>CARE HOMES - IN-REACH AND SUPPORT</th>
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<tr>
<td>An evaluation of the experiences of staff and stakeholders working with an integrated Care Home Support Service (CHSS) Alice Coates &amp; Antoinette Broad, Oxford Health NHS Foundation Trust</td>
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<td>“You’re not family, so we can’t tell you”: Are care home managers the unsupported and unrecognised link in the chain of care for people with dementia? Dr Karen Franks &amp; Dr Catherine Andrews, Gateshead Health NHS Foundation Trust</td>
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<td>The care home is our client Jan Deacey &amp; Rachel Jeacock, Sussex Partnership NHS Foundation Trust</td>
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<td>Top tips for effective engagement with the care home sector Rebecca Jarvis &amp; Aileen Jackson, Health Innovation Network</td>
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<th>6.5</th>
<th>CARE HOMES - COMMUNITY CONNECTIONS</th>
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<tr>
<td>Creating intergenerational community connections Simon Bernstein, Alivel Activities</td>
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<td>Tietley’s Adventures - an intergenerational arts project for people living with dementia and early years children Rhiannon Lane, Bright Shadow and Trish Hafford-Letchfield, Middlesex University</td>
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<th>6.6</th>
<th>WORKSHOP</th>
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<td>Removing uniforms in dementia care - the debate matters Sally Knocker, Dementia Care Matters; with contributions from Hazel Greenway, The Fremantle Trust &amp; Annette Ayles, The Orders of St John Care Trust – discussion to include experiences of staff wearing pyjamas at night</td>
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<th>6.7</th>
<th>ACUTE HOSPITALS STREAM 3</th>
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<tr>
<td>Symposium: Focus on detecting, treating and managing delirium in acute hospital wards Panel discussion chaired by Danielle Wilde, Royal Free Hospital</td>
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**16:10 CLOSE**

Programme details may change. See www.careinfo.org/ukdc-2016 for the latest information

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**The Journal of Dementia Care presents**

**7th National Dementia Care Awards**

**Gala Awards Dinner**

**3rd November 2016**

The Brighton Centre

**VISIT** [WWW.CAREINFO.ORG/DEMENTIA-AWARDS-2016](http://WWW.CAREINFO.ORG/DEMENTIA-AWARDS-2016)

**FOR FULL DETAILS, ENTRIES AND BOOKINGS**
**Venue, accommodation and travel information**

**Venue address**

Brighton Centre, Kings Road, Brighton, BN1 2GR

The Brighton Centre is located in the heart of the city on Brighton seafront. It is easily accessible via public transport and is a short walking distance from Brighton Mainline Rail Station.

**By car**

From London and the North the easiest way to get to Brighton is to connect via the M25 London orbital motorway. The Brighton Centre is about 45 minutes once you leave the M25; leave the M25 at junction 7 southbound onto the M23, which later becomes A23 directly into Brighton. The road will continue through the City straight to Brighton Seafront where the Brighton Centre is located. Brighton and its closest neighbours to the East and West are linked via the A27. This is the easiest route to Brighton from both directions. Leave the A27 via the A23 ramp (signposted Brighton), take the 3rd exit on the first roundabout and 1st exit on the second roundabout, this will join you onto the A23 / London Road directly into Brighton. The road will continue through the City straight to Brighton Seafront where the Brighton Centre is located.

**Parking:** Regency Square car park is situated along the seafront from the venue and is just a 3-4 minute walk. Full information will be provided upon booking.

**By train**

Brighton is served by direct rail links from many major central London stations and has frequent services from Portsmouth, Worthing, Lewes, Seaford, Eastbourne and Hastings. For train times and prices visit the Southern Railway website. Brighton Train Station is centrally located within a 10 minute walk of the Brighton Centre.

**Directions from Brighton Train Station to the Brighton Centre:** Walk out of the station and head south down Queens Road, when you get to the Clock Tower cross over and follow West Street directly south until you get to the seafront. The Brighton Centre is to the right and less than a minute walk and is situated on Kings Road. There is a taxi rank situated immediately outside the front of Brighton Station.

**By bus**

Buses run from all over the city and neighbouring towns and all lines have stops in the city centre where the Brighton Centre is located. Churchill Square shopping centre is where the majority of buses stop closest to the venue.

**Directions from Churchill Square to the Brighton Centre:** when exiting the bus you need to head east, if Churchill Square is in front of you turn left and if behind you turn right, towards the Clock Tower. When you reach the Clock Tower turn right and head down West Street, until you get to the seafront. The Brighton Centre is to the right and less than a minute walk and is situated on Kings Road. Visit Brighton Buses for more information.

All National Express coaches arrive into Brighton Coach Station (Pool Valley) which is situated just off the seafront; it is the final stop on your journey and is a 5 minute walk to the Brighton Centre.

**Directions from Pool Valley to the Brighton Centre:** Walk directly south out of the coach station heading south towards the sea and onto Kings Road. The Brighton Centre is to the right and 5 minutes’ walk and is situated on Kings Road.

**Accommodation**

We have a number of rooms at reduced rates in nearby hotels; please contact the events team on events@hawkerpublications.com. Full information will be provided upon booking.

**Congress bookings**

**Early Bird Rates:**

- Early bird discount (only available if booked and paid for by 1 Sept 2016):
  - 1st November (debate): £34 plus VAT (£40.80)
  - 2nd November: £199 plus VAT (£238.80)
  - 3rd November: £189 plus VAT (£226.80)

**Bookings after 1 September:**

- 1st November: £42 plus VAT (£50.40)
- 2nd November: £232 plus VAT (£278.40)
- 3rd November: £222 plus VAT (£266.40)

For more information please contact Fiona Robb on events@hawkerpublications.com or 020 7720 2108 ex 223

To book places for the 11th UK Dementia Congress please visit www.careinfo.org/ukdc-2016 or use the form opposite.
UK Dementia Congress booking form

DELEGATE DETAILS

Please use BLOCK CAPITALS. Information will be sent to the person whose name and address is given here:

Name: ____________________________ Position: ____________________________

Company/Organisation: ____________________________

Address: ________________________________________________________________

_________________________________________________________________________

_________________________________________________________________________

Postcode: ____________________________ Tel: ____________________________

Email: ____________________________

Please list all delegates and indicate which days they will attend

Name ____________________________ Position ____________________________

Email address ____________________________

To receive further information from Hawker Events by email, please tick here  

Name ____________________________ Position ____________________________

Email address ____________________________

To receive further information from Hawker Events by email, please tick here  

Name ____________________________ Position ____________________________

Email address ____________________________

To receive further information from Hawker Events by email, please tick here  

Form continues overleaf...

Send this form now to: Fiona Robb, Hawker Publications, Culvert House, Culvert Road, London SW11 5DH, fax: 020 7498 3023 or email: events@hawkerpublications.com

CLOSING DATE FOR BOOKINGS: Wednesday 19 October, 2016

Legal notices (disclaimer and privacy statement)

All best endeavours will be made to present the programme as printed. However, the Congress organisers reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the Congress or exhibition. The Congress organisers are not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their policy to cover personal possessions; the congress does not cover individuals against cancellations of bookings or theft of belongings. In the event that the Congress is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and organisers shall not be liable for any other loss, cost or expense, however caused, incurred or arising. Cancellations received in writing seven days before the event will be subject to a £25 + VAT administration charge. No refunds can be made or invoices cancelled less than seven days before the event. The organisers will hold and process your personal details on their database. This information is necessary for the legitimate management of this Congress. We may also use these details to provide you with information of other conferences or events. Your contact details may be made available to selected third parties that may be of interest to you. Please indicate at the bottom of this registration form if you do not want your details passed on. Please advise us should any of your details change. You may of course remove your details from our database at the end of the meeting by advising us in writing, at any time. Please do not pass my details on to any selected third parties.
# UK Dementia Congress booking form

**1-3 November 2016**  
The Brighton Centre

Book online at  
www.careinfo.org/ukdc-2016

Early bird discount (book and pay by 1 September 2016):  
- ____ place/s for 1 NOVEMBER at £40.80 each.  
- ____ place/s for 2 NOVEMBER at £238.80 each.  
- ____ place/s for 3 NOVEMBER at £226.80 each.

### EARLY BIRD RATES:

Early bird discount (only available if booked and paid for by 1 Sept 2016):  
- 1st November (debate): £34 plus VAT (£40.80)  
- 2nd November: £199 plus VAT (£238.80)  
- 3rd November: £189 plus VAT (£226.80)

### BOOKINGS AFTER 1 SEPTEMBER

1st November: £42 plus VAT (£50.40)  
2nd November: £232 plus VAT (£278.40)  
3rd November: £222 plus VAT (£266.40)

Please fill in the number of places below and select payment method.

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<th>Date</th>
<th>Price (with VAT)</th>
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<td>3rd November</td>
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### Invoicing/Payment Address

Please enter the invoicing/payment address (which may be different from the delegates’ address overleaf):  
- Name:  
- Email:  
- Address for invoice/payment:  

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**INVOICING/PAYMENT ADDRESS**

We can invoice your organisation but only if you supply a purchase order number. Please obtain a purchase order number before booking delegates. Please attach the order to this form.

**Purchase order number:**

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#### I Enclose a Cheque

I enclose a cheque for £made payable to Hawker Publications Ltd

#### Invoice (must provide purchase order)

We can invoice your organisation but only if you supply a purchase order number. Please obtain a purchase order number before booking delegates. Please attach the order to this form.

**Purchase order number:**

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#### Credit/Debit Card

Please charge my MasterCard/Maestro/VISA (please circle card type)

**Card number:**

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**Name on card:**

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**Signature:**

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**Address of cardholder:**

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**Postcode:**

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**Start date (if on card):**

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**Expiry date:**

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**Issue number (Maestro only):**

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#### BACS

Payments by electronic transfer can be made to Hawker Publications Ltd at Barclays Bank, Edgware Road & Marble Arch Business Centre, 131 Edgware Road, London W2 2HT. Sort code: 20-65-63. Account number: 60438324. Please give the name in section (left) as a reference and send confirmation of remittance to the address overleaf.

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**Total to be paid:** £__________